



FEBRUARY 2024

# 4-H Family News

Livingston County

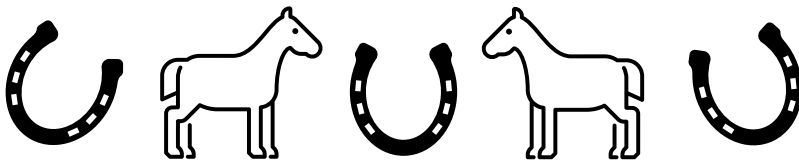


## Join us for the Hartland New and Used Tack Sale on February 10<sup>th</sup> from 10 am – 2 pm

We are excited to announce the date of our 2024 Hartland New and Used Tack Sale! Join us on February 10th from 10am-2pm at the Hartland Educational Support Service Center (9525 E. Highland Rd., Howell, MI 48843). Proceeds will be used for the Livingston County 4-H Horse Committee. The public is invited to buy or sell. Spaces available include tables: 6' x 8' for \$20 or 6' x 16' for \$30. Tables (5'-6') are available \$5 per table (additional fee). Fees are non-refundable. Dogs are not allowed in the building (except service dogs).

Doors open to the public at 10 am.

Are you interested in a vendor space this year? See our flyer for more information! <https://bit.ly/2024TackSale>



### UPCOMING EVENTS & MEETINGS:

**Animal Project Committee Meeting**  
February 6<sup>th</sup> at 7 pm at the MSU Extension Office

**Hartland New and Used Tack Sale**  
February 10<sup>th</sup> from 10 am – 2pm at the Hartland Educational Support Service Center

**PFAS Spin Club**  
Starting February 12<sup>th</sup> at 7 pm at the MSU Extension Office

**Grand Equestrians Committee Meeting**  
February 27<sup>th</sup> at the MSU Extension Office

**4-H Leader Training**  
Tentative March 16<sup>th</sup> location to TBD

**4-H Entomology Workshop**  
March 21st at 6:30 pm at the MSU Extension Office

## CONTACT US

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# COUNTY 4-H NEWS

## Sign up Now for the Livingston County 4-H PFAS SPIN Club



Our PFAS SPIN club is officially open for registration! This 6 week, hands-on SPIN club will take place on Monday evenings at 7 pm from February 12<sup>th</sup> - March 18<sup>th</sup>. Registration is required no later than 8 pm on February 11<sup>th</sup>. This program is available for youth ages 12-19.

### To Register:

- Existing 4-H Members - please contact Kat to be manually enrolled!
- Non-4-H members - please enroll at the following link and select "SPIN club PFAS" when asked to select a club.

<https://v2.4honline.com/>

PFAS are sometimes referred to by the term "Forever Chemicals" or the more accurate term, Persistent Compounds. These are substances that are used in a variety of ways and have impacted many of our local ecosystems and families. The goal of this SPIN club is to increase awareness of what PFAS are, where and how they are used, as well as helping youth explore the concepts of safety and risk. These lessons place an emphasis on evaluating safety and risk to reduce stress surrounding this content. If you are unsure if this program would be a good fit for your child, please reach out to 4-H staff.

Meetings will last between 1-1.5 hours and will take place at the Livingston County MSU Extension office.

If you have questions, or need help with enrollment, please contact Kat at [Krollkat@msu.edu](mailto:Krollkat@msu.edu) or 517-552-6903.

## Upcoming 4-H Leader Training: Tentatively Scheduled for March 16th



Calling all 4-H volunteers! Are you looking to learn more about how to run a successful 4-H meeting? Maybe you would like a refresher on 4-H policy and program requirements? We invite you to our 2024 4-H Leader Training! The tentative date and location for this event are Saturday, March 16<sup>th</sup> in Pinckney. This training will feature hands on activities, a mock club meeting, and information sessions. This training will include Livingston County and Washtenaw County volunteers.

To register, please visit: [https://msu.co1.qualtrics.com/jfe/form/SV\\_2cd5PGpEJL1Q3mC](https://msu.co1.qualtrics.com/jfe/form/SV_2cd5PGpEJL1Q3mC)

Please reach out to Kat with any questions!

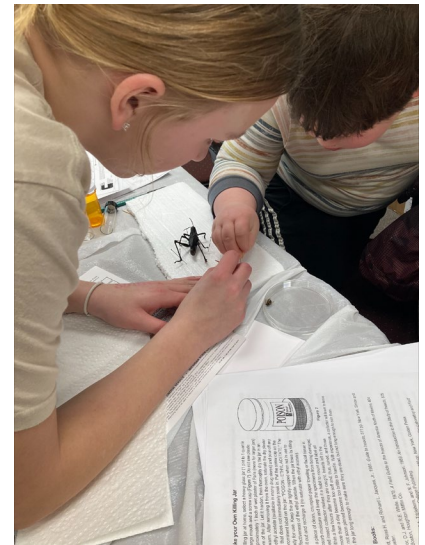
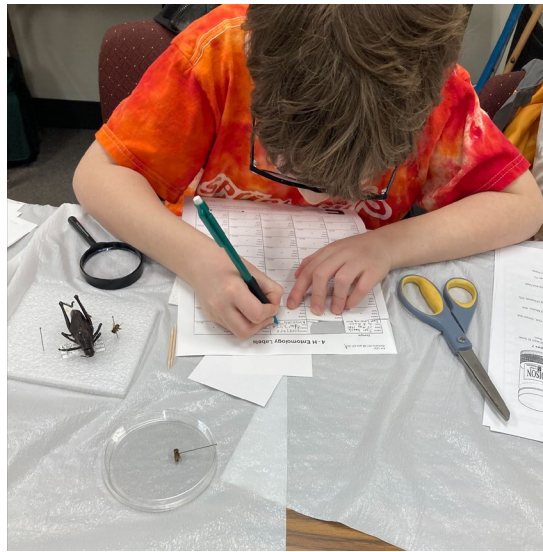


# COUNTY 4-H NEWS

## 4-H Entomology Workshop Recap & Next Entomology Workshop

We had a great time on January 18<sup>th</sup> learning about entomology including how to identify an insect, how to examine an insect, and how to pin two different types of insects! We had a group of very enthusiastic participants who each walked away with a wooden display case to build their collection. Thank you to volunteers George Campbell and Nan-Marie Fox who helped lead the workshop and a special thanks to Allison Campbell who was a teen leader helping all our participants pin and sharing her own collection and experiences with them.

Our next workshop will be at the MSU Extension Office again on March 21<sup>st</sup> at 6:30 pm. Youth do NOT need to have attended the first workshop to participate. We will be building a DIY insect net, learning about how entomology projects are judged. Keep an eye on our facebook and for a 4-H online reminder as the registration will be released soon!



## OLSHA's Walk for Warmth on February 17th: Come Visit Kat and Jenny



Jenny and Kat will be at Oakland Livingston Human Service Agency's annual Walk for Warmth on February 17<sup>th</sup> from 8:30 – 11 am at the Hartland Educational Support Service Center at 9525 E. Highland, Howell, MI. We will have a fun educational activity for those attending. This event is a family friendly afternoon of fun and community to support emergency services provided by OLSHA that help keep our neighbors safe and warm. You can still register to walk, volunteer, or sponsor this event. Check out their website for more information:

<https://fundraise.givesmart.com/e/cUa0Eg?vid=13if0u>



# COUNTY 4-H NEWS

## Save the Dates: 4-H Exploration Days at MSU from June 19-21st



The countdown is on for 4-H Exploration Days! MSU Extension staff are working hard planning this pre-college program for youth ages 12-19 years old. During this three-day event from June 19-21st, youth will gain confidence and independence through hands-on learning and make friends for a lifetime. This year's theme is "You've found your place, now let's grow!" Registration will open on March 25<sup>th</sup> at 7 pm and a \$50 deposit will be due at registration. The full cost of the event is \$220 for youth and \$130 for adult chaperones. There are opportunities for scholarships! If you are interested in attending and have questions or want more information on potential scholarships, please contact Kat VanDouser at [krollkat@msu.edu](mailto:krollkat@msu.edu) or 517-552-6903.

## Fowlerville Family Fair Brings Back Open Class in 2024

Do you love to do home arts projects? The Fowlerville Family Fair is excited to announce Open Class will be back in 2024. This is thanks to Dawn Bhajan and Katie Timer, new volunteer superintendents, who have taken up the charge to restart this program. Dawn and Katie are hoping to showcase local talent and show fairgoers, especially youth, the many different types of crafts and projects available. This is a great opportunity for 4-H project leaders to get more youth interested in different still project areas.



Class lists will be published in the Spring 2024 Fairbook, which will be available on their website: <https://www.fowlervillefamilyfair.com/>. Open Home Arts Classes are open to Michigan residents of all ages--no memberships or affiliations required.

## Reminder: Enroll or Re-Enroll in 4-H Online for 2023-2024 Program Year



Has everyone in your club re-enrolled or enrolled in 4-H Online for the 2023-2024 program year. We have stopped sending our emails to families who are not currently enrolled in 4-H online. All 4-H members should be enrolled in 4-H online prior to participating in 4-H projects or programming, and we are asking that all of our existing families re-enroll as soon as possible. You must re-enroll to be an active 4-H member! If you need help re-enrolling, please reach out to Kat - we

have paper copies of the forms available at the 4-H office or via email. Not sure if you are enrolled? Log in at <https://v2.4honline.com/#/user/sign-in> to check if the youth in your family are enrolled.



# Fowlerville Family Fair Fundraiser

**TICKETS:** 

FOWLerville AGRICULTURAL SOCIETY  
PRESENTS

24TH FEBRUARY, 2024

COMEDY  
FUNDRAISER

FEATURING

  
CAMILA BALLARIO

  
MATT  
CONN

  
BILLY RENO

**HOWELL OPERA HOUSE**  
DOORS OPEN AT 6 PM, SHOW STARTS AT 7 PM  
\$40 Entry Ticket, Appetizers, 50/50, Auction, Cash Bar

<https://www.eventbrite.com/e/comedy-night-tickets-774084677107>




Howell Opera House, 123 W. Grand River, Howell, MI 48843

To Donate Contact Fowlerville Family Fair Office 517-223-8186

- The Fowlerville Agricultural Society is hosting a fundraiser on February 24<sup>th</sup> to replace and improve the sheep, goat, and swine pens at Fowlerville Family Fair! Please see the flyer for more information on this event. If your club is interested in donating a basket, please reach out to 4-H staff first to discuss ways to do so!
- Tickets for the event can be purchased at: [www.eventbrite.com/e/comedy-night-tickets-774084677107](https://www.eventbrite.com/e/comedy-night-tickets-774084677107)




# Livingston County 4-H February 2024

Sun	Mon	Tues	Weds	Thur	Fri	Sat
				1	2 	3
4	5	6 7pm - Animal Project Committee Meeting	7	8	9	10 10am-2pm- Horse Committee Tack sale at HESC 
11	12 7pm - PFAS Spin Club Starts!	13	14 	15	16	17
18	19 ...happy... PRESIDENT'S ...day...	20	21	22	23	24
25	26	27 7pm - Grand Equestrians Committee Meeting	28	29		



# Livingston County 4-H March 2024

Sun	Mon	Tues	Weds	Thur	Fri	Sat
					1  MSRBA  Convention Rabbit Show - MSU Pavillion	2  MSRBA  Convention Rabbit Show - MSU Pavillion
3  MSRBA  Convention Rabbit Show - MSU Pavillion	4	5  7pm - Animal Project Committee Meeting	6	7	8	9
10	11	12  7pm - Horse committee meeting	13	14  6:30-8pm 4-H Cooking Workshop @ 4-H office 	15	16  Tentative - 4-H Leader training - Pinckney
17  	18	19  7pm - 4-H Council Meeting	20	21  6:30PM 4-H Entomology Workshop at Howell MSU Extension Office 	22	23
24	25  7pm - Exploration Days Registration OPENS!!	26	27	28	29  	30
31  						

 = this event is not run by Livingston County 4-H. Please see the Michigan State Rabbit Breeders Association for more information: <https://msrba.net/show-schedule/>

Have a club event you want to highlight? Send it to Kat and we will try our best to add it here!



# STATEWIDE CALENDAR OF EVENTS

**Get free tickets for Michigan 4-H Day at the Breslin!**



Make plans for a fun day in East Lansing on February 24! Join with other members of the 4-H community for Michigan 4-H Day at the Breslin. This fun family event will be held at the Jack Breslin Student Events Center as the MSU women's basketball team takes on the Rutgers Scarlet Knights.

Attendees will also enjoy 4-H games and activities around the concourse. Tickets are free to 4-H youth and their families as well as 4-H volunteers and their families. In addition, Michigan 4-H will be showcased during the halftime show as a group of 4-H youth will lead the crowd in reciting the 4-H pledge.

Doors will open at 12:30 p.m., with tip-off scheduled for 2 p.m. Participants are encouraged to show their pride and wear green and white 4-H or MSU Extension apparel.

For more information and to get tickets, visit [www.canr.msu.edu/events/4-h-day-at-the-breslin](http://www.canr.msu.edu/events/4-h-day-at-the-breslin).

## February 7: Michigan 4-H Volunteer Webinar - Engaging 4-H Youth in Animal Science Education

Online

Explore ways 4-H volunteers can utilize curriculum and resources to engage 4-H youth in animal science education. This series will provide volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers. This session will be offered twice, once as a daytime option and once as an evening option.

- **12 p.m. session:** [www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-engaging-4-h-youth-in-animal-science-education](http://www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-engaging-4-h-youth-in-animal-science-education)
- **7 p.m. session:** [www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-engaging-4-h-youth-in-animal-science-education7pm](http://www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-engaging-4-h-youth-in-animal-science-education7pm)

## February 12: Fostering Happy and Healthy Relationships

Online

The 4-H Adulting 101 series helps young people prepare for college or life on their own through free online sessions. Join this session to explore healthy relationship models that can enhance your future and current bonds.

[www.canr.msu.edu/events/relationships-1](http://www.canr.msu.edu/events/relationships-1)

## February 13: 4-H Wild Spartans – Seeing the Forest for the Wildlife

Online

This month's 4-H Wild Spartans Series will wade with waterfowl and explore forests. Meet Jeremiah Heise, ecosystem program manager with the U.S. Forest Service, learn about his field work, and the education and career path he followed to get there. This free series is open to 4-H and non-4-H youth ages 12-19.

[www.canr.msu.edu/events/wild-spartans-series-2023-2024feb](http://www.canr.msu.edu/events/wild-spartans-series-2023-2024feb)

## March 2: Michigan 4-H Spring Livestock Workshop

Anthony Hall, East Lansing

This one-day workshop is designed for 4-H teens and volunteers in beef, sheep, goats and swine project areas. Youth will learn about different aspects of their livestock projects throughout a variety of sessions.

[www.canr.msu.edu/events/michigan-4-h-spring-livestock-workshop-2024](http://www.canr.msu.edu/events/michigan-4-h-spring-livestock-workshop-2024)

## March 6 and 9: Michigan 4-H Animal Science Skillathon

Online

This competition tests both youth and adult competitors' knowledge of market livestock, animal science, and management practices in various categories. Competitors can choose to compete during the week or on the weekend. Registration closes Feb. 29.

[www.canr.msu.edu/otsego/4-h/2024-Skillathon](http://www.canr.msu.edu/otsego/4-h/2024-Skillathon)







# STATEWIDE 4-H NEWS



## Register today for Michigan 4-H Capitol Experience!

At Michigan 4-H Capitol Experience, teens learn how to change the world for the better through engagement in Michigan's state government and public policy process. The program is scheduled for March 17-19, in Lansing. The three-day event, open to high school-aged youth, includes tours of the Michigan Capitol, interactions with state legislators, meetings with state agency staff, lobbyists and state-level experts, and learning how policy is made. During the program, youth work in small teams to draft legislation on agriculture, civil rights and youth advocacy, crime and law enforcement, education and teacher retention, environment and natural resources, health, or jobs and the economy/infrastructure.

The cost to register in 2024 is \$365, which includes meals and lodging at the Quality Inn University in Lansing. Contact your local 4-H program coordinator to inquire about local funding opportunities. Scholarships may also be available through your local Farm Bureau office. To register or learn more, visit [www.canr.msu.edu/4\\_h\\_capitol\\_experience/](http://www.canr.msu.edu/4_h_capitol_experience/).

## Make a difference for food security with World Food Prize Michigan Youth Institute

As millions across the globe deal with food insecurity, the World Food Prize Michigan Youth Institute (WFP MIYI) offers young people an opportunity to be part of the solution. Held May 9 in East Lansing, or by participating from anywhere else using Zoom video/web conference technology, the event seeks to inspire and prepare the next generation of global leaders to end world hunger.



To participate, youth should be in grades 7-12 and register by the March 15 deadline. As part of the registration process, youth are required to prepare and submit a 2-to-5-page research paper about a developing country and one of 20 key factors that affect food security. At the event, youth present and discuss their papers with other attendees and research and industry experts. The top performing students at the WFP MIYI will be selected to attend the World Food Prize Global Youth Institute in Des Moines, Iowa, in October.

There is no cost to participate in the WFP MIYI. For more information, visit [www.canr.msu.edu/wfpmiyi/](http://www.canr.msu.edu/wfpmiyi/).



## Apply for a Michigan 4-H State Award!

Michigan 4-H true leaders ages 11 and older have an opportunity to be recognized for the great work they do in 4-H and develop their career skills by completing a state award application. A Michigan 4-H State Award is the highest honor bestowed on a Michigan 4-H member and provides an opportunity to receive recognition for their engagement in rich learning experiences that result in outstanding knowledge and life-skill development.

State award applications are divided into four categories: Mark of Excellence essay contest (11-12 years), junior state award (13-15 years), senior state award (16-19 years) and group awards (13-19 years). Each application and selection process varies, dependent on the age of the 4-H member. Additional details about the Michigan 4-H State Award process can be found at <http://bit.ly/stateaward>.

Applications are due April 1. For more information, contact your 4-H program coordinator or email Betty Jo Krosnicki at [nashbett@msu.edu](mailto:nashbett@msu.edu) or Janice Zerbe at [rajzerj@msu.edu](mailto:rajzerj@msu.edu).



# MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

## Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

### Class dates:

- 2/06/2024: Birds and the Bees: Talking with kids about sex
- 2/13/2024: Purpose of Play
- 2/20/2024: Setting the Stage: Promoting social emotional health in young children
- 2/27/2024: Together We Can: Co-parenting

**Class times:** 8:00 – 9:30 PM

**Registration:** [https://msu.zoom.us/webinar/register/WN\\_viGxTEIqSdKY2cEX2EhVbQ](https://msu.zoom.us/webinar/register/WN_viGxTEIqSdKY2cEX2EhVbQ)

For more information contact Courtney Aldrich at [aldric82@msu.edu](mailto:aldric82@msu.edu)



## The Parent Talk System

Do you feel like your children aren't listening to you? This 6-week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

**Class dates:** February 29, March 7, 14, 21, 28, April 4

**Class times:** 11:30 am – 1 pm

**Registration:** [https://msu.co1.qualtrics.com/jfe/form/SV\\_bj8nWuROCeXu6vY](https://msu.co1.qualtrics.com/jfe/form/SV_bj8nWuROCeXu6vY)

For more information, contact Courtney Aldrich, [aldric82@msu.edu](mailto:aldric82@msu.edu)

## Building Strong Adolescents

Are you wondering how to navigate the teen years with your child? Do you wonder how to set limits while still promoting independence and encouraging positive relationships? Join us for this five-week parenting education series for parents with children between 9-16 and explore the assets children need to succeed. Certificates of attendance are available.

**Class date:** February 29, March 7, 14, 21, 28

**Class times:** 7:00 – 9:00 pm

**Registration:** [https://msu.co1.qualtrics.com/jfe/form/SV\\_85DU8Mc01G0H2DQ](https://msu.co1.qualtrics.com/jfe/form/SV_85DU8Mc01G0H2DQ)

For more information, contact Courtney Aldrich, [aldric82@msu.edu](mailto:aldric82@msu.edu)

## Kinship Caregiver Classes

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

**Class date:** February 14: Reducing Challenging Behaviors in Toddlers

**Class times:** 7:00 – 8:30 pm

**Registration:** [https://msu.zoom.us/webinar/register/WN\\_msxyZuH0QeS9MsKaD\\_y7Tg](https://msu.zoom.us/webinar/register/WN_msxyZuH0QeS9MsKaD_y7Tg)

For more information, contact Courtney Aldrich, [aldric82@msu.edu](mailto:aldric82@msu.edu)





# MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

## Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from the children in your care? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week caregiver education series for caregivers with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive caregiver. Certificates of attendance are available.

**Class date:** February 14th: Reducing Challenging Behaviors in Toddlers

**Class Times:** 11:30 am – 1:00 pm

**Registration:** [https://msu.co1.qualtrics.com/jfe/form/SV\\_0VpZf3ks77yZZGu](https://msu.co1.qualtrics.com/jfe/form/SV_0VpZf3ks77yZZGu)

For more information, contact Courtney Aldrich, [aldric82@msu.edu](mailto:aldric82@msu.edu)



## Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

### Positive Discipline

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a “parent and caregiver” track and a “professional” track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

**Registration:** <https://www.canr.msu.edu/courses/positive-discipline-online-course>

For more information contact Courtney Aldrich at [aldric82@msu.edu](mailto:aldric82@msu.edu)

### Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called “Sleeping, Crying, Driving.” This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

**Registration:**

[https://www.canr.msu.edu/early\\_childhood\\_development/infant-safety/](https://www.canr.msu.edu/early_childhood_development/infant-safety/)

### MI Parenting Resource

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

**Registration:** <https://miparentingresource.org/>

For more information contact Courtney Aldrich at [aldric82@msu.edu](mailto:aldric82@msu.edu)

